#	Instruction	sts		#
0	Cast On	2	sts	0
1	Inc twice	4	sts	1
2	P1, inc twice, P1	6	sts	2
3	Inc row	8	sts	3
4	Purl	8	sts	4
5	Inc row	10	sts	5
6	Inc row	12	sts	6
7	Inc row	14	sts	7
8	Purl	14	sts	8
9	Inc row	16	sts	9
10	Inc row	18	sts	10
11	Inc row	20	sts	11
12	Purl	20	sts	12
13	Inc row	22	sts	13
14	Inc row	24	sts	14
15	Inc row	26	sts	15
16	Purl	26	sts	16
17	Inc row	28	sts	17
18	Inc row	30	sts	18
19	Inc row	32	sts	19
20	Purl	32	sts	20
21	Inc row	34	sts	21
22	Inc row	36	sts	22
23	Inc row	38	sts	23
24	Purl	38	sts	24
25	Inc row	40	sts	25
26	Inc row	42	sts	26
27	Inc row	44	sts	27
28	Inc row	46	sts	28
29	Knit	46	sts	29
30	Inc row	48	sts	30
31	Inc row	50	sts	31
32	Purl	50	sts	32
33	Inc row	52	sts	33
34	Inc row	54	sts	34
35	Knit	54	sts	35
36	Dec row	52	sts	36
37	Dec row	50	sts	37
38	Purl	50	sts	38
39	Dec row	48	sts	39
40	Dec row	46	sts	40
41	Knit	46	sts	41
42	Dec row	44	sts	42
43	Dec row	42	sts	43
44	Dec row	40	sts	44
45	Dec row	38	sts	45
46	Purl	38	sts	46
47	Dec row	36	sts	47
48	Dec row	34	sts	48
49	Dec row	32	sts	49
50	Purl	32	sts	50
51	Dec row	30	sts	51
52	Dec row	28	sts	52
53	Dec row	26	sts	53

Yarn A
Yarn B
Yarn C
Yarn D

Yarn A
Yarn B
Yarn C
Yarn D

Yarn A
Yarn B
Yarn C
Yarn D

54	Purl	26	sts	54
55	Dec row	24	sts	55
56	Dec row	22	sts	56
57	Dec row	20	sts	57
58	Purl	20	sts	58
59	Dec row	18	sts	59
60	Dec row	16	sts	60
61	Dec row	14	sts	61
62	Purl	14	sts	62
63	Dec row	12	sts	63
64	Dec row	10	sts	64
65	Dec row	8	sts	65
66	Purl	8	sts	66
67	Dec row	6	sts	67
68	Dec row	4	sts	68
69	K2tog twice	2	sts	69
0	Cast Off	0	sts	0

Yarn A
Yarn B
Yarn C
Yarn D